

ARIZONA SENIOR CENTER ASSOCIATION

Serving Arizona seniors for over 30 years!

ARIZONA SENIOR CENTERS: SUPPORTING SENIORS IN A PANDEMIC

July 20-24, 2020
Free Webinars for ASCA members!

Monday, July 20

- 2 to 2:45 p.m. National Institute of Senior Centers (NISC) -
A National Senior Center Collaboration
Maureen O'Leary and Scott Harlow, NISC
- 3 to 3:45 p.m. Responding to Needs During a Pandemic
Mary Lynn Kasunic, President and CEO, Melissa
Elliott and Lizzie Kazan, Area Agency on Aging,
Region One

Tuesday, July 21

- 2 to 2:45 p.m. Latest News from the Social Security Administration
Jack Burns, Social Security Administration
- 3 to 3:45 p.m. Combatting Social Isolation in the Era of COVID-19
Shruti Gurudanti, CEO, Televeda

Wednesday, July 22

- 2 to 2:45 p.m. Stayin' Alive - Senior Dance Class During A
Pandemic
Michelle Dionisio, Teaching Artist
- 3 to 3:45 p.m. Self-Care Equals Aware-Care
Terry Mills, Emblem Hospice

Thursday, July 23

- 2 to 3:30 p.m. Annual ASCA Meeting

Friday, July 24

- 2 to 2:45 p.m. Mindfulness and Self-Compassion
Wayne Tormala, Bureau Chief, Arizona Department
of Health Services

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ASSOCIATION

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- Due to COVID-19, the Arizona Senior Center Association will host on-line professional development webinars for ASCA members instead of the annual in-person conference. You must be an ASCA member to register for the webinars. Individual membership is \$25. Senior Center and Organizational memberships are also available. To become a member, sign up on the ASCA website: www.arizonaseniors.net/member-registration/
- Registration is required. You can register for the webinars using this survey monkey link: www.surveymonkey.com/r/NMTHX5B. Deadline is July 17.
- Links to the webinars will be provided the week before the conference.
- For more information, contact Patty Contreras, ASCA President at president@arizonaseniors.net or (602) 534-7436 or (602) 809-8018.